



WHAT KIND OF  
TIME-BRAIN DO  
YOU HAVE?

©Marydee Sklar - Executive Functioning Success

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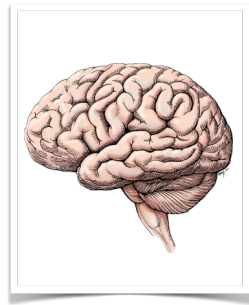
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**Our time  
management  
ability depends  
upon the  
wiring of our  
brain.**



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### Which Time-Brain Do You Have?



**In-Time  
Time-Brain**



**Floating  
Time-Brain**



**Stuck  
Time-Brain**

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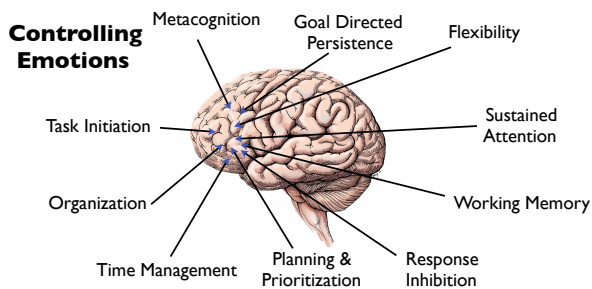
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### Executive Skills Affect Our Ability to Get Things Done



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Source: Peg Dawson and Richard Guare

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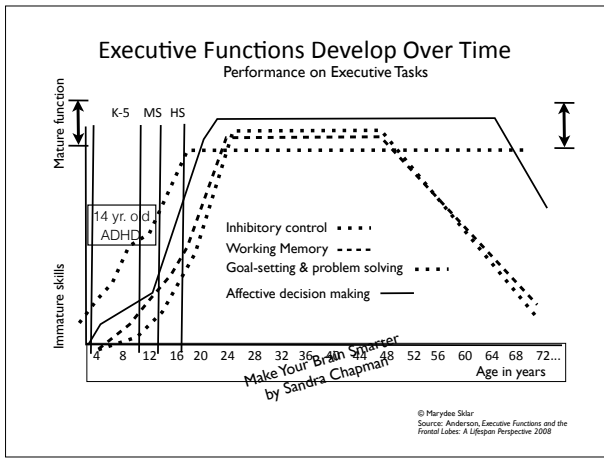
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What is your key idea?

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The trouble with time is that it is invisible.



Analog Versus Digital Clocks

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Technology is AWESOME ...but...




Beware!

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